



Heyman Interages Center

A PROGRAM OF



Dedicated to building bridges across generations



WHO WE ARE

Since 1986, the Heyman Interages Center has brought adults and youth together, involving people of all faiths, ethnicities and walks of life. We enrich their lives because we are:

- Experts in linking the generations
- Providers of meaningful volunteer opportunities for youth and adults
- Leaders in developing and implementing intergenerational programs
- Outstanding resources of information for creating a more age-integrated community

Because of our commitment to creating a community where all generations thrive, Montgomery County is proud to be recognized as one of America's Best Intergenerational Communities.



WHAT WE DO

- Involve vibrant adult volunteers in the public schools as tutors and mentors
- Enrich the lives of residents of senior facilities by linking them with motivated groups of young volunteers
- Build relationships between older adults and youth through focused discussions and creative activities
- Provide satisfying volunteer opportunities for youth to fulfill student service learning hours or community service projects
- Educate the community about intergenerational programs, resources and opportunities

HOW TO GET INVOLVED

VOLUNTEER

- Tutor children in reading, math or other subjects
- Mentor students learning English and adjusting to life in the U.S.
- Engage in weekly discussion groups with high school students
- Connect with residents of nursing homes and assisted living facilities

PARTNER

- Learn how to positively impact your community by incorporating intergenerational programs into your organization

DONATE

- Support programs to help school-age youth thrive, learn from their elders and prepare to age successfully themselves
- Create opportunities for older adults to age productively by engaging in satisfying volunteer experiences
- Enhance the lives of residents living in nursing homes and assisted living facilities



WHY INTERGENERATIONAL PROGRAMS ARE IMPORTANT

The population is changing. By 2030, there will be more people over age 65 than under age 14. This will affect every aspect of our lives—from education and health care to jobs and families. To address these challenges effectively, we must educate all citizens about aging—starting with our youngest—and starting now.

Our programs benefit the community by:

- Recognizing and utilizing the talents of citizens of all ages
- Erasing stereotypes which keeps age groups separate
- Encouraging each generation to learn and benefit from each other, enriching all in the process.



Heyman Interages Center

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Funding from Montgomery County Department of Health and Human Services, the Montgomery County Public School System, private foundations, corporations and hundreds of individuals enables us to create and deliver successful programs that support and enrich our community.

At the Jewish Council for the Aging, no person shall, on the grounds of race, color, religion, age, sex, national origin, ancestry or disability, be excluded from participation in, be denied benefits of, or otherwise be subject to discrimination in the provision of any care, service or admission subject to applicable laws.

JCA strives to be as inclusive as possible in all that we do and our clients have the right to expect compassionate service from us. Sometimes, however, we may need to make the difficult decision of denying a person or group the option to enroll in our programs or continue to participate in them. We reserve the right to make lawful decisions that we believe are in the best interest of our clients and each program.

JCA may change the nature and fee schedule of its programs at any time and without written notice.